‘78 Mile Challenge Log

National Park Service
U.S. Department of the Interior

Valley Forge National Historical Park
Pennsylvania

How to Participate

Complete at least **78 miles of walking, hiking, biking, running, or paddling** within Valley Forge National Historical Park between April 19 and October 31, 2026 . Participants who are 12 years of age or under need to complete at least 25 miles. Participants who are 62 years of age or older may use an E-bike to complete the challenge.

Keep track of your miles throughout the year using the log below After you’ve accumulated 78 total miles within in the park, return the completed log to a ranger at the Visitor Center between June 1 and October 31, 2026 to claim your prize!

Did you know that there are many opportunities to gain miles just by participating in park programming hosted by the National Park Service and park partners? Learn more at **go.nps.gov/78milechallenge**.

Are you tired of the same old run, walk, or hike? Try to hit every trail in the park!

Date	Mileage	Total Mileage	Foot/Bike/Boat	Trail Name

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Your Name: _____ Date: _____

NPS Staff: _____ Date: _____