## **Field Trip Checklist**

National Park Service
U.S. Department of the Interior





## Welcome!

Hello!

The Education Team at Shenandoah National Park is thrilled that you will be joining us for a field trip! We look forward to having you in the Park and want to ensure that you are prepared for a fun and educational trip! Check out our checklist below for suggestions.

Please have your group leaders reach out to us with any questions or concerns. We look forward to sharing the wonders of Shenandoah National Park with you!

Yours in Exploration,

The Education Team at Shenandoah National Park

## **Student Checklist**

	Sturdy, close-toed and close-heeled shoes (no crocs or sandals)
N	☐ Pants (we do not recommend shorts as plants may grow up along the trail)
	☐ Rain jacket
	☐ Layers of clothing (jackets, hats, mittens/gloves)
	☐ Water bottle
Î	☐ Lunch (check with school if provided)
<b>a</b>	☐ Bug spray and sunscreen
:	☐ Medications in case of emergency
9	Enthusiasm and curiosity

## Things to Know

- Our field trips last multiple hours. We will be outside in shaded forest and open meadow the entire time. We may be walking on uneven terrain.
- Check the weather and remember that our field trip area is above 3500 feet in elevation, so conditions may be different than other parts of Virginia. The weather on the mountain is often 10-15 degrees colder, windier and more exposed to the sun in the field. Bring layers and rain gear.
  - Here's a link for our forecast in the Park as well as a webcam showing current conditions: nps.gov/shen/planyourvisit/weather.htm
- We ask that students leave packs, lunches, and technology on the bus during our programs.
- We do plan to explore rain or shine, but if weather poses a safety hazard, we will coordinate with the group leaders to determine the best course of action.
- Ticks and other bugs are present in our Park and throughout most of Virginia. Always do a thorough tick-check after exploring outdoors.