**Sample of Visitor Acknowledgment to Risk (VAR)**

In consideration of the services of Name of business and their officers, agents, employees, and stockholders, and all other persons or entities associated with those businesses (hereinafter collectively referred to as (“Name of business”) I agree as follows:

Although Name of business has taken reasonable steps to provide me with appropriate equipment and skilled guides so I can enjoy an activity for which I may not be skilled, Name of business has informed me this activity is not without risk. Certain risks are inherent in each activity and cannot be eliminated without destroying the unique character of the activity. These inherent risks are some of the same elements that contribute to the unique character of this activity and can be the cause of loss or damage to my equipment, or accidental injury, illness, or in extreme cases, permanent trauma or death. Name of business does not want to frighten me or reduce my enthusiasm for this activity, but believes it is important for me to know in advance what to expect and to be informed of the inherent risks. The following describes some, but not all, of those risks.

* Sunburn or other conditions related to prolonged sun exposure
* Mosquito or other insect bites
* Jammed fingers or toes associated with pinch points or tripping hazards
* Accidental ingestion of water or drowning
* Aches in muscles or joints associated with repetitive stress motions
* Hypothermia associated with falling in to or swimming within cold water
* Heat stress and dehydration
* Puncture or cutting or abrading of skin due to vessels capsizing due to downed trees, catching on submerged materials, or slipping/tripping on uneven surfaces
* Being struck anywhere on the upper torso when paddling by another person’s paddle or vessel

I am aware Personal Flotation Devices (PFDs) are required for persons under the age of 13 regardless of activity type while they are on the St Croix and Namekagon Rivers. Additionally, I have been offered a Personal Flotation Device with my equipment rental, and shown how to properly fit to my person.

I am aware that Name of business entails risks of injury or death to any participant. I understand the description of these inherent risks is not complete and that other unknown or unanticipated inherent risks may result in injury or death. I agree to assume and accept full responsibility for the inherent risks identified herein and those inherent risks not specifically identified. My participation in this activity is purely voluntary, no one is forcing me to participate, and I elect to participate in spite of and with full knowledge of the inherent risks.

I acknowledge that engaging in this activity may require a degree of skill and knowledge different than other activities and that I have responsibilities as a participant. I acknowledge that the staff of Name of business has been available to more fully explain to me the nature and physical demands of this activity and the inherent risks, hazards, and dangers associated with this activity.

I certify that I am fully capable of participating in this activity. Therefore, I assume and accept full responsibility for myself, including all minor children in my care, custody, and control, for bodily injury, death or loss of personal property and expenses as a result of those inherent risks and dangers identified herein and those inherent risks and dangers not specifically identified, and as a result of my negligence in participating in this activity.

I have carefully read, clearly understood and accepted the terms and conditions stated herein and acknowledge that this agreement shall be effective and binding upon myself, my heirs, assigns, personal representative and estate and for all members of my family, including minor children.

Signature Date

Signature of Parent of Guardian, if participant is under 18 years of age