

# Mount Rainier National Park

National Park Service  
U.S. Department of the Interior



## (Mount Rainier)

(U.S. Department of the Interior)

(National Service)

(Washington)

(Mount Rainier National Park)

(Mount Rainier)

(Pacific Northwest)

(Pacific Ocean)

(Longmire) 220cm (87inch), (Paradise) (Douglas fir),

320cm (126inch) 26 (Western red cedar), (Western hemlock)

(Cascade Range)

(North American tectonic plate) 가 가 가 50

(Mount St. Helens) 가

(mudflow)가

(Mount Rainier National Park) , 가 / 가

1899

(national significance)' 가

\_\_\_\_\_ : 가 가 (Sunrise)  
 (Carbon River) 가 가  
 (Paradise) 30km (18mile)

\_\_\_\_\_ : (chipmunks),  
 (squirrels), (marmot), (pika) (Steller's jay), (Clark's nutcracker),  
 (gray jay), 가 (raven) (black-tailed deer)  
 (elk), (black bear), (mountain goat) 9

\_\_\_\_\_ 1.6km (1mile) 150km (93mile)  
 (Wonderland Trail) 가 1  
 가

\_\_\_\_\_ (Kautz Creek Trail): (Nisqually Entrance) (Longmire)  
 2  
 . 1947 가 9m (30 feet)

\_\_\_\_\_ (Trail of the Shadow): (Longmire)  
 1.1km (0.7mile) 가  
 (Rampart Ridge Trail) 7.2km (4.5mile)

\_\_\_\_\_ (Nisqually Vista Trail): (Paradise)  
 1.9km (1.2mile) (Nisqually Glacier)  
 가

\_\_\_\_\_ (Grove of the Patriarchs Trail): (Ohanapecosh)  
 2.4km (1.5mile) (Ohanapecosh River) (老  
 巨木) 가

\_\_\_\_\_ (Emmons Vista Trail): (Sunrise)  
 0.8km (0.5mile) (Emmons Glacier) (山景)  
 가

\_\_\_\_\_ : , 9 5 . 7 ~  
 9 가 ,  
 가

가 (wilderness information center) , (落石) , 3,048m (10,000 feet) (落水) , 가 (visitor center)

Rainier Wilderness) , 200 , 1988 , 96%가 (Mount

- 가 가 ,
  - , ( ) , , ,
  - 가 가 ,
- 가

(Longmire)  
1888 ~ 1889 (James Longmire) 가  
(Longmire's medical Springs) , 가 . 1899

Entrance) (National Park Inn) 가 (Nisqually

(Paradise)  
" (子婦) (Martha)가 , " ( )  
가 가 가  
) 가 ( )  
가 , , (Labor Day: 9 )  
1,727cm (680inch)

(snowshoeing), (cross-country skiing), (tubing),  
(Longmire) (Paradise Inn)

(Ohanapecosh)  
(Taidnapam) “ (Upper Cowlitz)”  
“ ” “ ”  
(Douglas fir), (Western red cedar), (Western hemlock)  
5 10

(Sunrise)  
1,950m (6,400 feet) 가  
가 가 , , (Cascade  
Range) 7 9

(Carbon River) (Mowich Lake)  
(Carbon) 가 가  
(Carbon River Road) 가 가  
가 (Mowich Lake) 가 ,

: (Seattle), (Tacoma),  
(Portland)  
(Nisqually Entrance: ) (Cascade)

(Carbon River) (Buckley) 165  
(Wilkeson) (Carbon River Entrance)  
(Ipsut Creek), (Mowich Lake)

: , , (Amtrak),  
가 (Gray Line Tours: 800-426-7532).

[www.nps.gov/mora/planyourvisit/directions.htm](http://www.nps.gov/mora/planyourvisit/directions.htm)

:  
(Pacific Crest trail) (Laughingwater)

:  
[www.nps.gov/mora](http://www.nps.gov/mora)



가가

: Mount Rainier National Park Ashford, WA 98304  
: 360-569-2211, TDD ( ): 360-569-2177  
: [www.nps.gov/mora](http://www.nps.gov/mora)

