



Cross-Country Skiing & Snowshoeing



Experience the stark silence and exhilaration of winter travel in Grand Teton National Park through cross-country skiing and snowshoeing. Snow provides an excellent backdrop for winter wildlife viewing and tracking. Proper preparation and planning ensures a safe and enjoyable winter experience in Grand Teton National Park.

Safety & Etiquette

Please note: Winter trails are neither marked nor flagged. Please travel with care.

In case of emergency call 911.

- Use caution skiing on frozen surfaces.
- Tell someone your plans.

Take the following items with you:

- Water and high energy snack food
- First aid kit including space blanket
- Extra clothing, hat, mittens or gloves
- Sunscreen and sunglasses
- Map, compass, watch or other navigational aids
- Headlamp and repair kit

Hypothermia

Hypothermia is caused by exposure to cold and aggravated by wind and wet clothing. Warning signs include: uncontrollable shivering, reduced coordination, and incoherent speech. Get the victim inside as soon as possible. If in doubt seek immediate medical attention.

Avalanche Hazard

Avoid known avalanche paths. All skiers and climbers travelling in avalanche terrain should be equipped with, and know how to use, an avalanche beacon, probe pole, and shovel. For current conditions call (307) 733-2664 for the National Forest avalanche report or check: www.jhavalanche.org

Etiquette

- Do not walk or snowshoe on ski trails
- Leave your skis on and side-step down or detour around steep sections.
- Snowshoe parallel to the ski track.
- Yield to faster skiers.
- Step out of the track for a break.

Regulations

For more information, additional maps, or backcountry permits visit Craig Thomas Discovery and Visitor Center (open year round, winter hours: 9 a.m. to 5 p.m.)

- Pets are restricted to the following plowed roadways: Teton Park Road and Moose-Wilson Road.
- Pets must be restrained on a leash (6 feet max).
- Properly dispose of your pet's waste. Mutt-Mitt stations are provided at the trailheads.
- Overnight backcountry campers must obtain a free camping permit at Craig Thomas Discovery and Visitor Center (CTDVC) in Moose.
- Harassing wildlife is prohibited. Winter stresses weakened animals. Approaching too closely increases their stress. Retrace your steps or detour to avoid disturbing wildlife.

Areas closed to protect wildlife:

- Snake River bottom from Moose north to Moran Junction
- Buffalo Fork of the Snake River, Kelly Hill, Uhl Hill, and Wolff Ridge
- Static Peak above 10980 feet, Prospectors Mountain, and south-facing slopes on Mount Hunt above 8580 feet, including peaks 10988, 10905, and 10495.
- The Banana Couloir on Prospectors is open. Please check at the CTDVC for more information.

Moose-Wilson Road

Trailheads

From Moose: Drive three miles south of the CTDVC on the Moose-Wilson Road to the gate at the Death Canyon Road. Park on the west (right) side of the road.

From Teton Village: Drive north from Jackson Hole Mountain Resort, enter the park and continue north for one mile. Park at the Granite Canyon Trailhead.

Phelps Lake Overlook (from north)

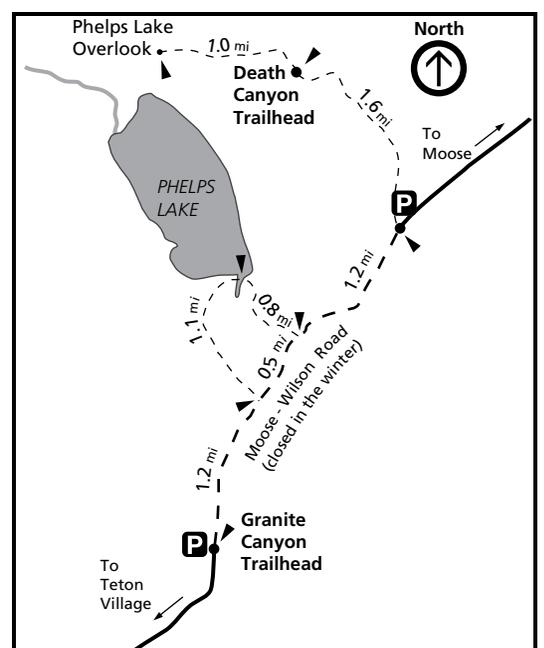
- Moderate, 5.2 miles roundtrip, total climbing: 730 feet.

Phelps Lake (from north)

- Moderate, 4.0 miles roundtrip, total climbing: 300 feet.

Moose-Wilson Road

- Easy, 5.8 miles roundtrip, total climbing: 500 feet.



Teton Park Road and adjacent trails

A portion of the Teton Park Road is closed to vehicles during winter. Located along the base of the Teton Range, the road is open for skiing, snowshoeing and walking, offering stellar views. The road is periodically machine groomed for both classic and skate skiing. One lane is designated as multi-use for walking and snowshoeing or anyone with a dog on a leash. The other lane is designated for skiing-only track. Snowmobiles are prohibited on the Teton Park Road.

There are several other tours on skier maintained routes adjacent to the Teton Park Road.

The closed, groomed section of the Teton Park Road is 14 miles.

South Trailhead

The Taggart Lake parking area, three miles northwest of Moose on the Teton Park Road.

Jenny Lake Trail

- **Easy**, 8.0 miles roundtrip, total climbing: 200 feet. Return via Teton Park Road Trail to make a loop.

Taggart Lake–Beaver Creek area

- **Moderate to difficult**. Taggart Lake out-and-back, 3.0 miles roundtrip, total climbing: 400 feet. Taggart Lake–Beaver Creek Loop, 4 miles roundtrip, total climbing: 500 feet. These trails traverse steep hills created by glacial moraines.

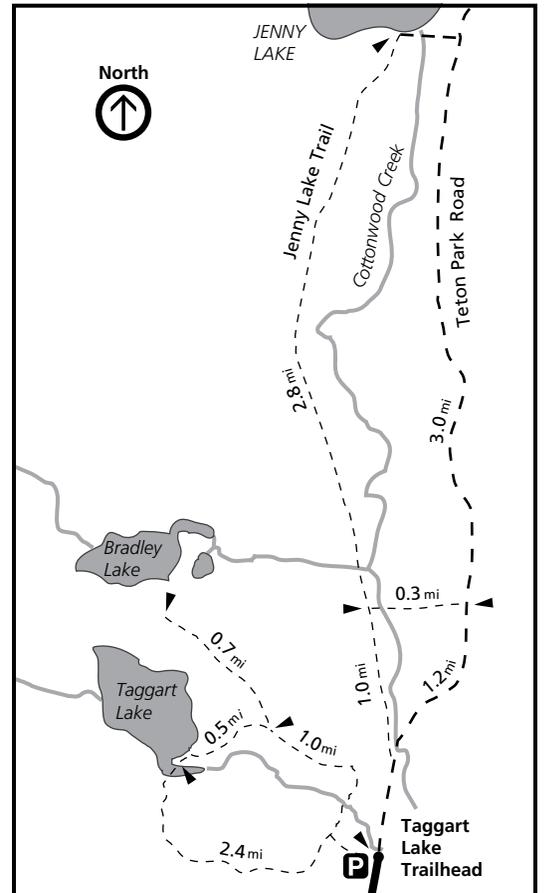
North Trailhead

Three miles south of Jackson Lake Junction on the Teton Park Road. Park near Signal Mountain Lodge.

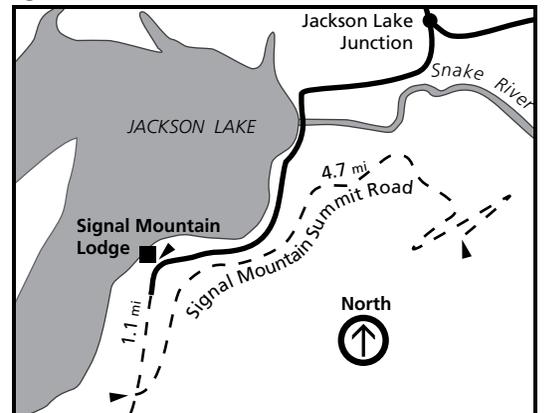
Signal Mountain Summit Road

- **Moderate**, 12 miles roundtrip, total climbing: 900 feet.

Taggart Lake Area (South Trailhead)



Signal Mountain Area (North Trailhead)



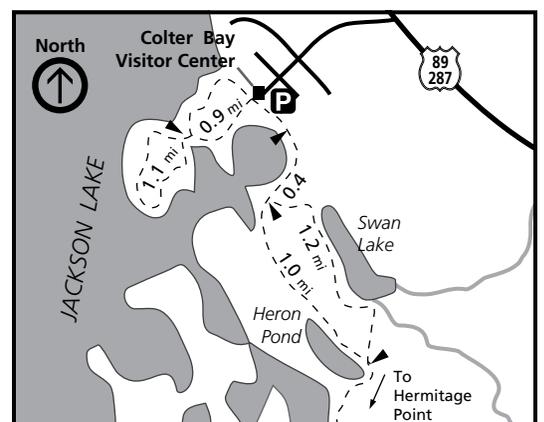
Colter Bay

Trailhead

Colter Bay Visitor Center, 30 miles north of the Moose. Park in front of the closed visitor center.

Swan Lake-Heron Pond Loop

- **Easy**, 3 miles roundtrip, total climbing: 300 feet. Extend this tour to the south toward Hermitage Point. Summer trail maps and a guide for Colter Bay area are available at the CTDVC.



Flagg Ranch

Trailhead

Flagg Ranch, 2 miles south of Yellowstone National Park, 42 miles north of Moose. Trailhead near the northwest corner of the parking area. Please park in front of the Flagg Ranch Lodge.

Polecat Creek Loop Trail

- **Easy**, 2.5 miles, total climbing: 100 feet.

North Flagg Canyon Trail

- **Moderate to difficult**, 4.0 miles roundtrip, total climbing: 200 feet. *Use caution and avoid cornices where the trail follows the edge of cliffs above the Snake River.* Return via the snowmobile trail to make a loop.

South Flagg Canyon Trail

- **Easy**, 4.0 miles roundtrip, total climbing: 100 feet.

