

# Wildflowers of Golden Gate

National Park Service  
U.S. Department of the Interior

Golden Gate  
National Recreation Area



Indian Paintbrush



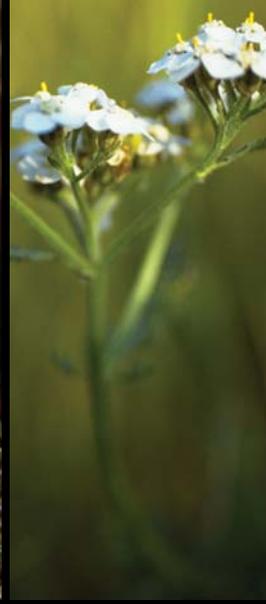
California Poppies



Mission Bells



Yellow Bush Lupine



Yarrow



Silver Bush Lupine



Crimson Columbine



Franciscan Paintbrush



Sticky Monkeyflower



Seaside Daisy



Seep Spring



Shooting Star



Cow Parsnip



California Buttercup



Douglas Iris



Footsteps-of-Spring



Ithuriel's Spear



Blue-eyed Grass

Their names are quaint reminders of the poetic language used by early settlers: *Footsteps-of-Spring*, *Baby Blue Eyes*, *Mission Bells*, *Milkmaids*. Their colors are vivid, although sometimes you have to crouch low to see them. A walk on the park's trails during peak wildflower season from late February through June is a chance to appreciate the profusion of wildflowers that once graced all of California. For more information about wildflowers, stop at any of our park Visitor Centers.

## Red / Pink Flowers

**Checker-bloom; Wild Hollyhock**   
*Sidalcea malvaeflora*  
[March-May, grasslands]

**Coast Onion**   
*Allium dichlamydeum*  
[April-July, rocky and serpentine soils]

**Coast Rock Cress**   
(Threatened)  
*Arabis blepharophylla*  
[January-March, rocky northface slopes]

**Cobweb Thistle**   
*Cirsium occidentale*  
[March-May, grasslands & scrub]

**Crimson Columbine**   
*Aquilegia formosa*  
[March-May, rocky northface slopes]

**Franciscan Paintbrush**   
*Castilleja subinclusa ssp. franciscana*  
[March-May, grasslands]

**Indian Paintbrush**   
*Castilleja affinis*  
[March to August/September, sandy coastal flats and dune]

**Pink Sand Verbena**   
*Abronia umbellata*  
[March- November, sandy coastal flats and dune]

**Presidio Clarkia**   
(Federally Endangered)  
*Clarkia franciscana* (Presidio Area)  
*Clarkia rubicunda* (Marin Area)  
[April-July, serpentine outcrops]

**Seaside Daisy**   
*Erigeron glaucus*  
[March-May, grasslands]

**Shooting Star**   
*Dodecatheon hendersonii*  
[January-March, rocky northface slopes]

**Wild Buckwheat**   
*Eriogonum latifolium*  
[June-November, rocky northface slopes]

## Orange Flowers

**California Poppy**   
*Eschscholzia californica*  
[March-November, grasslands]

**Sticky or Bush Monkeyflower**   
*Mimulus aurantiacus*  
[June-November, scrub]

## Brown Flower

**Mission Bells; Checker Lily**   
*Fritillaria affinis*  
[March-May, rocky northface slopes]

## Yellow Flowers

**California Buttercup**   
*Ranunculus californicus*  
[March-May, grasslands & rocky northface slopes]

**Footsteps-of-Spring**   
*Sanicula arctopoides*  
[January-March, grasslands]



Checkerbloom



Cobweb Thistle



Stonecrop



S.F. Wallflower



Angelica



Blue Dicks



Presidio Clarkia



Mule-ears



Lizard Tail



Beach Strawberry



Purple Sanicle



Coast Onion



Sun Cup

To see a World in a Grain of Sand  
And a Heaven in a Wild Flower,  
Hold Infinity in the palm of your hand  
And Eternity in an hour.

—William Blake



Coastal Buckwheat



Western Hound's Tongue



Coast Rock Cress



Pink Sand Verbena



Tidy Tips



Milkmaids



California Blackberry



Sky Lupine

**Lizard Tail**   
*Eriophyllum staechadifolium*  
[June-November, scrub]

**Monkeyflower; Seep Spring**   
*Mimulus guttatus*  
[January-May, rocky northface slopes]

**Mule-ears**   
*Wyethia angustifolia*  
[March-May, grasslands]

**Stonecrop**   
*Sedum spathulifolium*  
[April-July, rocky northface slopes]

**Sun Cup**   
*Camissonia ovata*  
[January-March, grasslands]

**Tidy Tips**   
*Layia platyglossa*  
[March-June, gravelly Ridges, grassy slopes and coastal mesas]

**Yellow Bush Lupine**   
*Lupinus arboreus*  
[March-September, sandy coastal flats and dune]

### White Flowers

**Angelica**   
*Angelica hendersonii*  
[January-November, rocky northface slopes]

**California Blackberry**   
*Rubus ursinus*  
[March to August, woodland areas]

**Cow Parsnip**   
*Heracleum lanatum*  
[March-May, scrub]

**Franciscan Wallflower**   
*Erysimum franciscanum*  
[January-May, grasslands & rocky northface slopes]

**Milkmaids**   
*Cardamine californica*  
[January-March, rocky northface slopes]

**Beach Strawberry**   
*Fragaria chiloensis*  
[February to August, sandy coastal flats and dune]

**Soap Plant**   
*Chlorogalum pomeridianum*  
[March-May, grasslands & scrub]

**Yarrow**   
*Achillea millefolium*  
[June-November, scrub]

### Blue / Violet Flowers

**Blue Dicks**   
*Dichelostemma capitatum*  
[March-May, grasslands]

**Blue-Eyed Grass**   
*Sisyrinchium bellum*  
[March-May, grasslands]

**Douglas Iris; Lavendel**   
*Iris douglasiana*  
[March-May, grasslands]

**Ithuriel's Spear**   
*Triteleia laxa*  
[March-May, grasslands]

**Rock Phacelia**   
*Phacelia californica*  
[March-May, rocky northface slopes]

**Silver Bush Lupine**   
*Lupinus albifrons*  
[March-May, grasslands & rocky northface slopes]

**Sky Lupine**   
*Lupinus nanus*  
[March-May, grasslands]

**Western Hound's Tongue**   
*Cynoglossum grande*  
[January-March, rocky northface slopes]

#### NPS Photos:

Trina Kvale - California Poppies, Silver Bush Lupine, Sticky Monkeyflower, Seaside Daisy, Douglas Iris, Coastal Buckwheat, Pink Sand Verbena, California Blackberry.  
Will Elder - Yarrow, Seep Spring, Ithuriel's Spear, Checkerbloom, San Francisco Wallflower, Blue Dicks, Presidio Clarkia, Mule-ears, Lizard Tail, Soap Plant, Coast Onion, Coast Rock Cress, Tidy Tips

#### Parks Conservancy Photos:

Michael Chasse - Indian Paintbrush, Mission Bells, Purple Sanicle  
Jessy Bergeman - Yellow Bush Lupine, Crimson Columbine, Cow Parsnip, California Buttercup, Blue-eyed Grass, Cobweb Thistle, Stonecrop, Sun Cup, Sky Lupine  
Lynn Sanderson - Western Hound's Tongue

#### Copyrighted photos:

© Diana Roberts - Franciscan Paintbrush

Please leave all flowers for others to enjoy!