

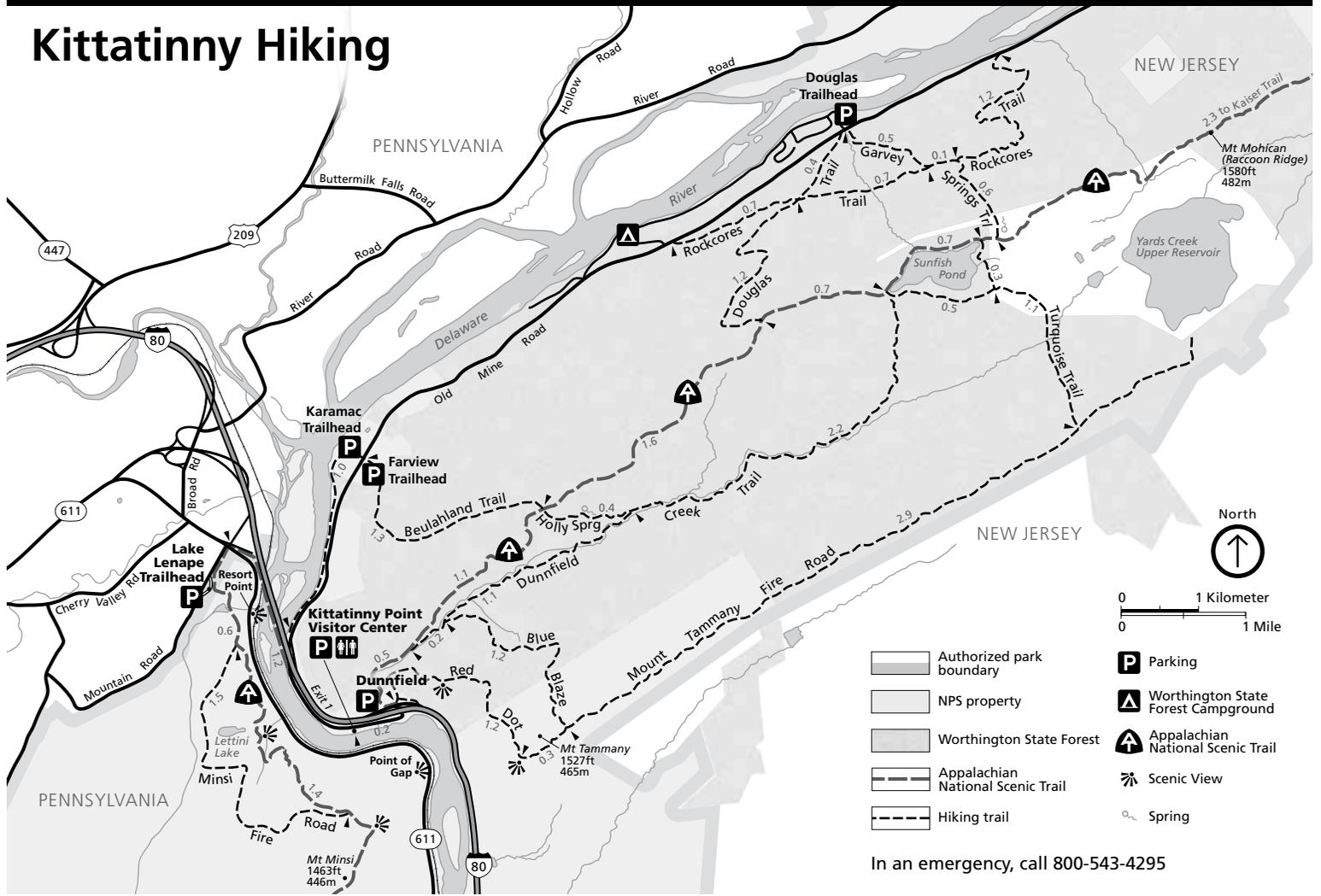
# Delaware Water Gap

National Park Service  
U.S. Department of the Interior

Delaware Water Gap  
National Recreation Area



## Kittatinny Hiking



- Authorized park boundary
- NPS property
- Worthington State Forest
- Appalachian National Scenic Trail
- Hiking trail
- Parking
- Worthington State Forest Campground
- Appalachian National Scenic Trail
- Scenic View
- Spring

In an emergency, call 800-543-4295

### Trail Information

#### Appalachian National Scenic Trail (AT), South from Kittatinny Point (white blaze)

The AT crosses the river via the I-80 bridge and passes through the village of Delaware Water Gap to the Mt. Minsi/Lake Lenape parking area off Mountain Road. The trail then climbs 1.5 miles and 1,060 feet to the top of Mt. Minsi, with views over the Gap and Mt. Tammany.

#### AT north to Sunfish Pond (white blaze)

From the Dunnfield parking area, the AT climbs 700 feet north in 2 miles, then continues 1.7 miles more and an additional 300 feet climb to Sunfish Pond.

#### Mt. Minsi Fire Road

This dirt road begins at the Lake Lenape parking area and climbs 1.5 miles and 1,060 feet to the top of Mt. Minsi. The road forms a 4-mile loop with the AT. Unblazed dirt roads circle partly dry Lake Lettini.

#### Blue-blaze Trail

This trail branches off the AT 0.5 mile north of the Dunnfield parking area to join the Red Dot Trail atop Mt. Tammany after a 1250-foot climb.

#### Red Dot (Tammany) Trail

From the Dunnfield parking, this trail climbs 1250 feet along a steep rocky grade to join the Blue-blaze Trail atop Mt. Tammany.

#### Driving Directions to the Mt. Minsi Trailhead

From Kittatinny Point take I-80 west. Take exit 310 after the toll plaza and then the next exit to Delaware Water Gap. Turn right at the first traffic light and turn left at the second traffic light. Turn right onto Mountain Road at the Deerhead Inn. Take the first left onto an unpaved road to the parking area.

#### Karamac Trail

This old railbed begins at the Karamac parking area. The first portion of the trail drops 200 feet, then runs south along the river for a mile south to the light on Old Mine Road.

#### Beulahland Trail (yellow blaze)

This trail begins at Farview parking area and climbs 400 feet to the AT at Holly Spring.

#### Dunnfield Hollow Trail (light green blaze)

This trail branches off the AT ½-mile north of the Dunnfield parking lot, crosses a foot-bridge to the east side of the creek, and then runs along the flank of Mt. Tammany back to Dunnfield Creek. The creek is forded numerous times.

#### Douglas Trail (blue blaze)

The trail starts from the Douglas parking area at the north end of Worthington Campground, and climbs an old roadway about 1,000 feet to the AT on Kittatinny Ridge at a point one mile south of Sunfish Pond.

#### Garvey Spring Trail (orange blaze)

The trail starts from the Douglas parking area at the north end of Worthington Campground, and climbs about 1,000 feet to the Kittatinny Ridge. The trail crosses the Rock Cores Trail and joins the AT just north of Sunfish Pond.

## Trail Information

### Appalachian National Scenic Trail (AT) (white blaze)

Parking for the AT is one mile southeast of Millbrook Village on Route 602 or at Mohican Outdoor Center. Heading south from Route 602, the trail climbs one mile and 300 feet to a fire tower and excellent eastern views. Scenic views from atop Rattlesnake Ridge are accessed three miles south from Mohican Outdoor Center.

### Kaiser Trail (blue blaze)

This old roadway starts at mile 6.7 on Old Mine Road, just outside Turtle Beach. The trail climbs two miles and 1,000 feet to join the AT one mile north of Raccoon Ridge/Mt. Mohican

### Coppermine Trail (red blaze)

This trail begins across from the Coppermine parking area at mile 7.7 on Old Mine Road. The trail climbs 1.8 miles and 700 feet past old copper mine shafts and through a hemlock ravine to reach the AT near Camp Road.

### Rattlesnake Swamp (orange blaze)

The trail is accessed at the north end of Mohican Outdoor Center or from the AT south of Route 602. This trail can be very wet.

### Pioneer Trail

This trail is accessed from the Hamilton Ridge trail, looping down towards the river and changing nearly 550 feet in elevation.

### Hamilton Ridge Trail

The north end of the Hamilton Ridge Trail is at Old Mine Road ½-mile north of Millbrook Village and parallels Old Mine Road southward to Van Campen Creek. The northern mile is flat with some old paving; the southern mile is dirt and descends 450 ft. to a “T” intersection with the Pioneer Trail. Turn left 0.2 mile to Old Mine Road near Van Campens Glen.

### Van Campens Glen (yellow blaze)

From the Upper Glen parking area, cross Old Mine Road to the gated unpaved Cutoff Road and follow the east side of Van Campens Brook downstream to a waterfall. Parking is not permitted along Old Mine Road.

### Orchard Trail

Orchard Trail begins across Old Mine Road from Millbrook Village. The trail climbs to join Hamilton Ridge Trail.

### Donkeys Corner Trail

Starting from Millbrook Village, the trail follows Van Campen Creek and then climbs about 350 feet to meet Blue Mountain Lakes Road.

### Coventry Pond

The trailhead is located 200 feet uphill from the mill. The trail parallels the creek and then gently climbs to Coventry Pond.

