



National Park Service
U.S. Department of the Interior

Cuyahoga Valley
National Park

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Cuyahoga Valley National Park News Release

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Get Up, Get Out and Go! To Your National Park This Summer

Brecksville, Ohio – Get Up, Get Out and Go! is a summer campaign offering FREE outdoor recreational activities and music for kids, 11 to 14 years old and their families, along the Ohio & Erie Canal Towpath Trail. Events will be held on Monday, Tuesday, Wednesday and Thursday evenings at various locations throughout Cuyahoga Valley National Park (CVNP), Cleveland Metroparks, and Summit Metro Parks. The kick-off events begin on the Cuyahoga Valley Scenic Railroad with a ride beginning at Rockside Boarding Station in Independence, on Monday, June 23. Bring your family out for a FREE ride through CVNP to learn more about the programs offered Monday through Thursday evenings throughout the summer. The train will depart at 7 p.m. and return by 9 p.m.

Rockside Station is located at 7900 Old Rockside Road, Independence, Ohio 44131.

Starting Monday, June 23, through Thursday, July 24, from 7 to 9 p.m., experience night bike rides and hikes, scavenger hunts, fishing, animals of the valley, and more! Reservations are suggested by calling 440-343-7035.

Get Up, Get Out and Go! is sponsored by CVNP, The Conservancy for Cuyahoga Valley National Park, The Sisters of Charity Foundation of Cleveland, and The Cleveland Clinic. Campaign partners include the following organizations: Summit Metro Parks, Cleveland Metroparks, Slavic Village Development, YWCA of Greater Cleveland, Akron Public Schools, and the Akron Recreation Bureau.

For more information and registration information, call 440-343-7035.

CVNP encompasses 33,000 acres along the Cuyahoga River between Cleveland and Akron. Managed by the National Park Service, CVNP combines cultural, historical, recreational, and natural activities in one setting. For more information about the park, visit www.nps.gov/cuva or call 330-657-2752.

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