

**8-Mile Loop** – This loop is a combination of all of the three major loops in the park and completes an 8.5 mile loop. Access this trail from any of these parking lots: Visitor Center, Headquarters, Wolf Rock, Thurmont Vista, or Hog Rock. The loop makes a complete circle back to any of these access points.

While hiking this loop visitors will experience Cunningham Falls, Hog Rock, Blue Ridge Summit, Thurmont Vista, Wolf Rock, and Chimney Rock. This loop combines moderate and strenuous trails for a great day of hiking.

Bring your camera, something to eat ,and stop at any of these exciting and beautiful vistas to capture a moment, or several, that will leave a lasting impression on your mind, body, and soul for a long time to come.

**From Gravel Parking Lot across from the Visitor Center**

	<b>Est. Time</b>
1.2 M to Md. 77 crossover to State Park (up and downhill)	45 minutes
0.4 M to Cunningham Falls and back across MD 77 (easy)	15 minutes
1.0 M to Hog Rock Vista (steep inclines)	35 minutes
0.4 M to Hog Rock Parking Lot (easy)	10 minutes
0.3 M to Blue Ridge Summit Vista (easy)	10 minutes
0.7 M to Thurmont Vista Parking Lot (moderate downhill)	25 minutes
0.5 M to Thurmont Vista (strenuous uphill)	25 minutes
0.9 M to Wolf Rock (moderate downhill)	25 minutes
0.5 M to Chimney Rock (moderate downhill)	20 minutes
1.1 M to HQ (moderate downhill)	40 minutes
<u>1.0 M</u> to VC (gentle uphill)	<u>30 minutes</u>
8.0 M	4:45

\*\*Please note that this trail crosses into the boundaries of the State Park and all rules and regulations of Cunningham Falls State Park apply.

# 8 Mile Loop

Blue Ridge Summit Overlook  
1520ft  
463m

