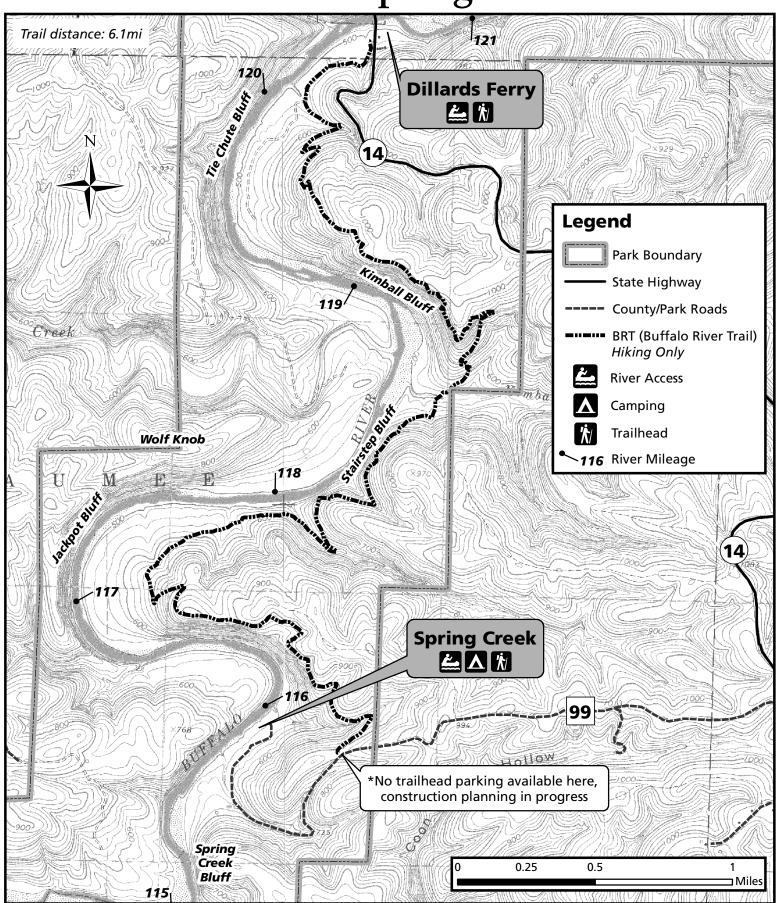
## **Buffalo River Trail: Spring Creek Section**



## Hiking Tips: Things to consider before and along the way

- ✓ Allow yourself enough time to make the hike during daylight hours, but take a flashlight; just in case.
- ✓ Leave a **trip plan** with someone you trust. Let them know **who**'s going, **what** you plan to do, **when** will you start and expect to finish; and with as much detail as possible, **where** are you going.
- ✓ Obtain a **map** of the area and identify points of interest prior to leaving. Carry and know how to use a compass or GPS. Take a charged phone with you in case you find a coverage area and need help.
- ✓ Check the **weather** forecast before leaving, and plan clothing, equipment and supplies as needed.
- ✓ Carry water and first aid supplies, even on short hikes.
- ✓ Choose appropriate **footwear** for the terrain. Solid, lightweight hiking boots are best.
- ✓ **Stay on the trail** to prevent erosion and additional scarring of the landscape. Walk single file to avoid widening the trail. Do not cut across switchbacks.
- ✓ Be **considerate to others** on the trail, and keep your noise down.
- ✓ Comply with all signs and respect barriers; they are placed for your safety and the protection of the resource.
- ✓ **Do not disturb or deface** agency, historical, archeological or paleontological sites.
- ✓ Motorized vehicles, bicycles and all pets are prohibited on trails; unless specifically designated.
- ✓ Realize that you are a visitor in an area that is home to a wide variety of animals. Do not approach or molest the wildlife.
- ✓ Pack out ALL that you pack in. Do your part by modeling appropriate "Leave No Trace" principles, and leave this place cleaner than when you arrived.
- ✓ In areas without toilets, **bury waste** at least 6 inches deep and 200 feet from water sources, campsites and trails.
- ✓ By working together, we can preserve and protect this national treasure for generations to come.

Thank you